

St. Alphonus Parish

Eighth Sunday in Ordinary Time

March 3, 2019



Wednesday, March 6 is Ash Wednesday.

Ash Wednesday opens Lent, a season of fasting and prayer. Masses at St Alphonus Church will be at 8 am and 7.30 pm.

Stations of the Cross will be prayed during Lent on Friday evenings in the church beginning at 7 pm.

Lent 2019 - Prayer, Fasting and Almsgiving

Take inspiration for your Lenten journey from prayer and the reading of Scripture, from fasting and from giving alms.

Prayer - Lent is essentially an act of prayer spread out over 40 days. As we pray, we are brought closer to Christ and are changed by the encounter with him.

Fasting – The fasting that we all do together on Fridays is but a sign of the daily Lenten discipline of individuals and households: fasting for certain periods of time, fasting from certain foods, but also fasting from other things and activities.

Almsgiving – The giving of alms is an effort to share this world equally—not only through the distribution of money, but through the sharing of our time and talents.

As we begin Lent, we pray for the strength to commit ourselves to prayer, fasting, and almsgiving so that we may grow to love God more each day.

*“Even now, says the Lord, return to me with your whole heart,
with fasting, and weeping, and mourning”
Joel 2:12*

Ushers

Parishioners who have volunteered to be ushers are asked to sign up for the weeks they will be available to help. The sign up sheets are posted on the bulletin board by the parking lot entrance. Thank you.

Couples for Christ - Christian Life Program

Couples for Christ will be hosting a Christian Life Program at St Alphonsus Parish beginning March 3 and continuing until May 5. The sessions will be held in the church from 2 pm until 5.30 pm. If you have young children, babysitters will be available for those who require their assistance.

Sacrament of Confirmation

Adult practicing Catholics who would like to be confirmed are asked to please contact Father Greg at 204-782-3135.

Catechesis for Adults and Youth

Are you in need of some really good news? Come and listen! Sundays and Thursdays at 7 pm at St. Alphonsus Parish, 315 Munroe Ave, 204-667-9580. *"No one is excluded from life's hope, from God's love. Faith is a flame that grows stronger the more it is shared and passed on."* Pope Francis - Presented by the Neocatechumenal Way.

Golf Tournament

The Knights of Columbus are organizing a parish community golf tournament on Saturday, June 8 at Oakwood Golf Course. Cost is \$95 for golf, cart and dinner. All are welcome, invite family members and friends – form a foursome and register soon. Proceeds from this event will be donated to the parish capital fund. Information on the event and registration forms will be available at the parish office and at the parking lot side of the church soon.

SERENA Natural Family Planning Class

SERENA teaches a comprehensive two hour class on the Sympto-Thermal Method, a scientifically based, highly effective method of Natural Family Planning. Next class: March 4 at 7 pm at the Misericordia Health Centre, 99 Cornish Avenue in Winnipeg. For more information, call or text Serena at 204-783-0091 or email mbserena@gmail.com or visit our website www.serenamb.com.

Grief Support Group

The Companions in Grief Program, sponsored by CHAM and IHCAM, is offering a 7 week Grief Support Group beginning Tuesday evening, March 12. If you have recently experienced the death of a loved one and are struggling with loneliness, hopelessness and uncertainty then you are welcome to join a supportive, safe and confidential group. To register or enquire further, please call Bob Milks at 204- 294-5562 or respond through email: griefcare@mymts.net . Deadline for registration is Thursday, March 7.

After the Storm - Friday, March 8, 2019

You are cordially invited to the screening of "After the Storm ", D&P's documentary about the reconstruction project in Tacloban after typhoon Haiyan hit the Philippines. The screening will be held at Mary, Mother of the Church (85 Kirkridge Dr), on Friday March 8 at 7 pm. The evening will begin with a D&P Way of the Cross, followed by the screening and question period.

"Who except God can give you peace? Has the world ever been able to satisfy the heart?"

St Gerard Majella

Mass Intentions

Due to the number of mass requests, we will be accepting 2 intentions per day.

March	2	9 am	Franceska Stegna+
March	2	5 pm	Andy Opitz+
March	2	7 pm	Parishioners of St Alphonsus
March	3	9 am	Bukoski Family- Deceased Members Joseph Ganchar+
March	3	11 am	Glenor Elbourne+
March	5	8 am	Darren & Tammy Kuusisto
March	6	8 am	
March	7	8 am	
March	8	8 am	
March	9	9 am	
March	9	5 pm	Jackie Farrell+
March	9	7 pm	Parishioners of St Alphonsus
March	10	9 am	John Guezen+ Kori Ganchar
March	10	11 am	Maria Cox

Calendar

Wednesday, March 6

Ash Wednesday
Masses at 8 am and 7.30 pm

Thursday, March 7

Saints Perpetua and Felicity, Martyrs

Friday, March 8

Stations of the Cross at 7 pm

Sunday, March 10

Daylight Savings Time begins

Tuesday, March 19

Saint Joseph,
Spouse of the Blessed Virgin Mary

Mass Times

Mass Schedule

Saturday evening	5 pm
Saturday night	7 pm*
<i>*The Neocatechumenal Way</i>	
Sunday	9 am & 11 am
Tuesday to Friday	8 am
Holidays	9 am
Saturday	9 am

Liturgy of the Hours

Tuesday to Friday	7.45 am
Holidays	8.45 am
Saturday	8.45 am

Adoration

Wednesday - 8.30 am - 10.30 am
First Friday of the month -
8.30 am to 6 pm (Vespers at 6 pm)
Chaplet of Divine Mercy at 3 pm.

Reconciliation will be offered 1/2 hour before the Saturday evening mass.

Confession is also available by appointment.

Baptism

Please contact the office for an appointment.

Marriage

Please contact the office to make an appointment with Father Greg.

Contact Information

St Alphonsus Roman Catholic Church

341 Munroe Avenue
Winnipeg, MB R2K 1H2
Fr Greg Mulligan, Pastor

Parish Office	204-667-9580
Father Greg	204-782-3135
Fax	204-661-4384
Hall	204-668-0832
School	204-667-6271

Email contact:

contactstals@gmail.com
Website:
www.stalphonsuswinnipeg.ca
facebook: St Alphonsus Church -
Winnipeg

Office Hours:

Monday to Friday:
8.30 am to 4.30 pm
(Closed for lunch from 11.30-12.30)
Parish Office is closed on Fridays
in July and August.

Staff:

Pastor:	Fr Greg Mulligan
Parish Office:	Maria Cox Tesh Weldegergish
Catechetics:	Agnus-Mariae Lucas
Sacramental Prep:	Gyan Delos Reyes
Caretaker:	Hans Pettker

Thank You for Your Contributions

Saturday, February 23 at 5 pm

Donations	\$ 961.50
Building Fund	\$ 229.25

Sunday, February 24 at 9 am

Donations	\$ 2200.35
Building Fund	\$ 370.00

Sunday, February 24 at 11 am

Donations	\$ 1273.35
Building Fund	\$ 155.50

- Direct Deposit \$ 210.00
(February 18 - February 24)
- Direct Deposit \$ 00.00
Building Fund
(February 18 - February 24)

Regular Donations	\$ 4645.20
Building Fund	\$ 754.75

Total to Parish \$ 5399.95

- 191 Regular Donation envelopes
- 33 Building Fund envelopes

School Support \$ 15.00
2 envelopes

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Phone 204 918-0642

Email francisco@peerlessfloors.com

Knights of Columbus membership information, contact Ian Lovie at 204-995-1524, or ianlovi@msn.com

Parish Pastoral Council Email:
St.alsppc@gmail.com

**Lord, it is good
to give thanks to you.**

Psalm 92